

To Contact Activities:
 (519) 271-4090 Ext. 2227
 activities@sprucelodge.on.ca
 Programs May Change

March 2026

Spruce Lodge Community Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
World Music Therapy 1 Day 10:00 TV Church Service 2:00 First of March Reading 3:00 Café Social	2 10:30 Trivia Fun 11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Café Social	3 10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social	4 10:30 Scrapbooking 2:00 Documentary of the Month 3:00 Café Social	5 11:00 Church Service 2:00 Bingo 3:00 Café Social 3:30 Choir Group 6:30 Friendship Circle	6 10:30 St. Patrick's Day craft with the Avon school kids 11:00 Men's Music Group 2:00 Word Games 3:00 Café Social	7 10:30 Bingo 2:00 Advanced Exercises 3:00 Café Social		
Spring Forward & International Women's Day 8 10:00 TV Church Service 2:00 Music by Mike Ryan 3:00 Café Social	9 10:30 News & Events 11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Café Social	10 10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social 	11 10:30 RC Mass 11:15 Church Service 2:00 Community Jam with Rachel 3:00 Leadership Café	12 10:30 Advanced Exercises 2:00 Bingo 3:00 Café Social 3:30 Choir Group 4:00 Hockey Talk	13 10:30 Music by Leavin Tracks 11:00 Men's Music Group 2:00 Penny Auction 3:00 Café Social	National Potato Chip Day 14 10:30 Bingo 2:00 Potato Chip Tasting 3:00 Café Social 		
15 10:00 TV Church Service 2:00 Cottage Reading Group 3:00 Café Social	16 10:30 Advanced Exercises 2:00 Sing-a-Long with Karen 3:00 Cafe Social 6:30 2 Gals & a Guitar	Saint Patrick's Day! 17 10:30 Food Committee Meeting 2:00 St. Patrick's Day Party with Mike K 3:00 S.L Cafe & Pub 	18 10:30 Resident Council 2:00 Wii Games 3:00 Healthy Café 4:00 Gardening Club 	19 10:00 News and Events 11:00 Church Service 2:00 Bingo 3:00 Café Social 3:30 Choir Group 6:30 Just for Fun Band	First Day Of Spring (Hat Day) 20 10:30 Music with Susie Q 2:00 Travelogue (Czechia) 3:00 Café Social 	World Down Syndrome Day 21 10:30 Bingo 2:00 Sock Craft 3:00 Café Social 		
22 10:00 TV Church Service 2:00 Word Cube Game 3:00 Café Social	23 10:30 Scrapbooking 11:00 Women's Music Group 2:00 Sing-a-Long with Karen 3:00 Café Social	24 8:00 Men's Breakfast 10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Cafe Social	25 10:30 Cheese Tasting 2:00 James the Magician 3:00 Café Social 	26 11:00 Church Service 2:00 Bingo 3:00 Café Social 3:30 Choir Group 6:30 Friendship Circle	Blue Jays Season Opener 27 10:30 Guess that item 11:00 Men's Music Group 2:00 Karaoke Fun 3:00 Café Social 	28 10:30 Bingo 2:00 Advanced Exercises 3:00 Café Social		
Palm Sunday 29 10:00 TV Church Service 2:00 Jeopardy 3:00 Café Social 	30 10:30 Coffee and News 11:00 Women's Music Group 2:00 Hymn Sing-a-Long with Karen 3:00 Café Social	31 10:00 Adam's Advanced Exercises 2:00 Bingo 3:00 Café Social						